AXMOUTH CHALLENGE RUN

SUNDAY 8TH JANUARY 2012 AT 11am

Under the auspices of the AXE VALLEY RUNNERS and permitted under the Association of Running Clubs (ARC) rules, permit 12/45

Very hilly multi-terrain course of approximately 10 miles, Half Challenge 5 miles, junior runs 4K & 2K - Starting at Axmouth Village Hall - In aid of Hall funds - Car Parking in the Village - Toilets - First Aid by St John Ambulance - Drink and snack provided as part of entry fee.

Minimum ages 17 full challenge, 16 half challenge, 11 long junior.

Medals and Certificates for runners in various classes.

ENTRY FORM AXMOUTH CHALLENGE RUN

Challenge Run	affiliated to ARC or UKA	£7	Half Challenge	£5
	non affiliated	£9		£7

Cheques made payable to **Axmouth Village Hall**.

JUNIOR RUNS – **Free** 2K 8 -11 yrs & 4K 11 – 16 yrs.

Surname _____ First Name _____

Address _____

_____ Post Code _____

Email _____ Tel. No. _____

Sex Male / Female Age on race day _____

Club Name (if appropriate) _____

Race entered: Challenge 10m ____ Half Challenge 5m ____ Junior 4K ____ Junior 2K ____

Certificate wanted: Yes / No

I declare that:-

(a) I will take part in this run at my own risk and I understand that neither the organiser nor any person or body involved in the organisation of the event will be held liable for any injury, loss or illness however occasioned, resulting from participation.

(b) I will not participate on the day unless I am fit to run in the event and that I will meet the minimum age requirements for the race entered.

(c) I will abide by the rules laid down by the organisers.

Signed……...……..

Send your signed entries and a large S.A.E. to:-
Or enter on the day at Axmouth Village Hall.

Danny Gates, Secretary
Axmouth Village Hall Management Committee,
2 Coombe Terrace,
Axmouth, Devon, EX12 4AX