

**SIDMOUTH RUNNING CLUB
WOODLAND RELAYS MONDAY 29 JUNE 2009**

1 Sidmouth Juniors AFD	00:56:19	9 Sidmouth Ladies	01:02:39
Kit Grierson	00:13:58	Naomi Garrick	00:14:59
Joss Knight	00:13:33	Jane Beech	00:15:15
Grey Grierson	00:14:28	Debbie Marriott	00:16:19
Nick Smith	00:14:20	Jane Other	00:16:06
2 AVR Seniors	00:56:44	10 X Factor	01:03:38
Luke Reed	00:12:36	Steve Madley	00:17:39
Ian Apss	00:13:23	Ashley Broughton	00:16:18
Chris Keefe	00:19:00	Don Cawthera	00:16:27
Liam Roberts	00:11:45	Ben Chesters	00:13:14
3 Met Office	00:59:03	11 Honiton Men Z	01:03:57
Roger Saunders	00:15:01	Brian Chatters	00:12:41
Adrian Kearns	00:13:41	Milan Goc	00:13:26
Inna Polichtchouk	00:16:31	Steve Davey	00:25:53
Rory Hudson	00:13:50	James Denne	00:11:57
4 AVR Ladies 1	00:59:22	12 Honiton People	01:05:02
Emma Keirnan	00:14:29	Charlie Stephenson	00:15:53
Eleanor Wood	00:15:25	Sophie Keywood	00:16:57
Sue Campbell	00:15:22	Ashley Trudgeon	00:17:12
Hannah Bridger	00:14:06	Ryan Dunn	00:15:00
5 Honton Ladies Z	01:01:36	13 AVR Vets A	01:05:02
Ceri	00:15:08	Bernard Fry	00:13:17
Judy	00:15:53	Gary Perratt	00:12:25
Fran	00:15:05	Richard Hale	00:26:16
Ceri	00:15:30	Gary Perratt	00:13:04
6 Honiton Mens Y	01:02:06	14 3 Men and a Lady	01:05:16
Gary Enticott	00:14:45	Polly Burns	00:16:54
Bruce Strawbridge	00:15:09	Andy Sturney	00:16:56
Brent Dicks	00:15:46	Andy Concannon	00:16:19
Lobos Obornick	00:16:26	Iain Burns	00:15:07
7 AVR super Vets	01:02:13	15 AVR Vets Again	01:05:49
Gary Davies	00:15:34	Paul Tolchard	00:17:26
Rodger Bramley	00:15:17	Chris Irving	00:15:29
Peter Hughes	00:16:38	Dave Mutter	00:17:02
Mark Hilder	00:14:44	Tim Sibley	00:15:52
8 Honiton Junior A	01:02:39	16 Sidmouth Optimists	01:06:18
Sam Urguhart	00:14:57	Steve Hunt	00:17:01
Jake Harvey	00:16:14	Shaun Tipton	00:16:41
Ruben H-Frood	00:15:45	Scott Hill	00:15:45
Lilly Helston	00:15:43	Matthew Tipton	00:16:51

WOODLAND RELAYS - MONDAY 29 JUNE 2009
RESULTS (CONTINUED)

17 Honiton Mens W		01:06:52	25 Avr 4 Ladies		01:24:20
Richard H	00:14:16		Susie Pit	00:20:31	
Tony Whitely	00:17:13		Sammy Basry	00:32:20	
Pete Lyos	00:18:37		Another	00:15:05	
Nick Thorpe	00:16:46		Another	00:16:24	
18 The Old Farts		01:08:17	26 AVR 3 Ladies		01:34:01
Colin Flood	00:16:07		Bridget Keeff	00:21:17	
John Podmore	00:18:25		Michelle Bee	00:31:34	
Goerge Chalstrey	00:15:56		Sue Willar	00:21:41	
Bill Valentine	00:17:49		Alison Gould	00:19:29	
19 AVR Ladies 2		01:08:35	27 Honiton Ladies XXX		01:38:41
Anna Mcloughlin	00:18:29		Jackie Costello	00:20:31	
Clara Pridasilova	00:17:14		Pat Croucher	00:35:24	
Amy Greenalgh	00:15:42		Sandra Thorpe	00:19:26	
Sue Tubbs	00:17:10		Blanka Obornik	00:23:20	
20 Honiton Mens XX		01:09:23	28 Honiton ABC		00:00:00
John Burgess	00:15:43		Katie Davey	00:18:18	
Dennis Costello	00:17:31		Rosie Lyos	00:19:31	
Alan Nichols	00:18:05		Harriet Morris	00:19:02	
Steve Greenslade	00:18:04		No Show	DNF	
21 AVR Junior Boys		01:10:46			
Alastair heasman	00:17:02				
James Sibley	00:17:21				
Tom Kearnan	00:18:47				
Ellis Bee	00:17:36				
22 AVR Junior Girls		01:12:57			
Lidia Clapp	00:17:33				
Beth Sibley	00:22:15				
Mollie Hansford	00:17:16				
Layla Felgate	00:15:53				
23 Sidmouth Slow Ones		01:16:47			
Lesley Roberts	00:18:56				
Danni Furzey	00:20:10				
Kerry Gibbons	00:18:38				
Lynda Hawkins	00:19:03				
24 Honiton RC Juniors		01:18:43			
Dougie Keywood	00:18:36				
Paice Rahy	00:20:53				
Emily David	00:19:44				
Hester Heeler-Frood	00:19:30				