AVR CODE OF CONDUCT: RUNNERS

as responsible runner, I will:

• abide by the UKA and the HCAF Child Safeguarding Policy and Child Safeguarding Procedures

• abide by the UKA and the HCAF Adult Safeguarding Policy and Adult Safeguarding Procedures

• respect the rights of every runner, and others involved in running and treat everyone equitably

• uphold the same sporting values away from sport as I do when I am engaged in runner

• participate within the rules of the sport, respect decisions of race officials, and demonstrate respect towards fellow runners

• cooperate fully with others involved in the sport

• consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances

• anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time

• act with dignity and display courtesy and good manners towards others

• in no way undermine, put down or belittle other runners

• avoid swearing and abusive language whilst in running venues, at club functions and events, or when as part of a team/squad

• never engage in any inappropriate or illegal behaviour

• challenge and report inappropriate behaviour and language by others

• not misuse or abuse sporting equipment and venues

• use safe transport or travel arrangements

• act ethically, professionally and with integrity, and take responsibility for your actions.

**BREACH OF THE CODE OF CONDUCT**

I understand that if I do not follow the code, action can be taken by my club and I may:

• be asked to apologise for my behaviour

• receive a verbal or written warning from the club committee

• be suspended from attending club training sessions

• be suspended from the club

• be required to leave the club.